

Shrimad Rajchandra Mission Dharampur Paris







INTERNATIONAL YOGA DAY

YOGA FOR HUMANITY

with Brahma Kumaris

Looking after those that look after us

Features:

- Invigorating Yoga Flow
- Breathwork
- Meditation

Date: Saturday, 17th June 2023

Time: 3:00pm to 5:00pm

Venue: Brahma Kumaris France - Raja

Yoga, 74 Rue Orfila, 75020 Paris

To register, kindly <u>RSVP</u> here by 15th June 2023

Break a sweat.

Build stamina.

Connect to your inner core.





